

WHO SAYS THERE IS NO EVIDENCE!

Case Studies



'The only source of knowledge is experience'

Albert Einstein

Our time with Seka – the discussions we had enjoyed, the work she had done on Jenny and its obvious impact on her – had made a huge impression on me. It made me realise beyond any doubt that this little-known, controversial and somewhat vague area of human activity was indeed genuine. Not only that, it was also provable and measurable, but most important of all it was not just academic and had ceased to be something for me just to admire from a distance; instead I was thrilled to have found that I too had a practical healing gift.

I became committed to a 'new' capacity that the world has for benefiting humankind – and that was only the beginning. I had not only found a vital step forward for my daughter, I had also taken us all way beyond present familiar boundaries and explanations. Almost overnight, my experiences had

changed my perspectives and stretched my belief systems. Common-sense physics, that status quo within which most of us understand and conduct our lives, was no longer the most reliable arbiter of what is possible in this world. I had long discarded my scepticism and accepted that successful healing proves there is no reason to let anything hold us back from exploring other truths for ourselves. The remarkable facts about the mechanics of healing are the basic foundation to support even greater revelations about the universe that science has not yet grasped.

I knew the truth about healing conclusively from my growing first-hand experience as a practitioner myself. Case histories are a crucial part of the proof of the healing process and I am keen to present some of mine as vital evidence. I recognise from my own early doubts, and the reactions I have so often seen and heard since, how the rest of the world can be hard to convince; those of us who know healing intimately have a duty to make that knowledge accepted as the fact that it is.

I actually came to know socially a professional football coach who has also worked in the Premiership – in fact he was an occasional member of my pub quiz team. One evening, just as the quiz was finishing, he walked into the room with a very obvious limp which turned out to be from an Achilles tendon problem. It was quite early in my ‘career’ as a healer but, plucking up my courage, I told him about healing and offered to see if there was anything I could do to help. He was immediately interested and, in the middle of a busy pub, put his leg up on a stool and invited me to begin. True to form he soon felt the warmth of healing and after about twenty minutes found the pain had disappeared. He immediately

tested his ankle out and was quite shocked to find he could walk perfectly well.

Before that evening the problem had persisted for some weeks, despite being attended by the club's medical team who had all the modern treatment facilities at their disposal. He was amazed by the experience and has mentioned his fascination to me since on more than one occasion.

There are also other times when I have had experiences that are outside the range of typical healing reactions; these always add an extra twist to our understanding. One interesting study concerns an incident that took both my client and me totally by surprise; it also shows why it is not just desirable, but essential, for healers to work hand in hand with orthodox practitioners in an atmosphere of mutual trust and support. The case began as I finished healing my client Marion, the lady I have already mentioned in one of my earlier case studies. After her treatment Marion's husband, Jim, unexpectedly asked me to treat his arm which he said was very painful – so much so that he could not raise it above shoulder level. He demonstrated how difficult that was for him and told me that it had been troubling him for some time but he could get no satisfactory help or even any positive diagnosis from his doctor. He then explained that the problem had started shortly after a visit to hospital where he had been given an injection and he was convinced there was a connection between that jab and his painful problem.

I agreed to see what I could do, but had no expectation of what, if anything, I might find. Nonetheless, I began to move my hands around in his energy field, 'scanning' his arm and shoulder, checking for the usual telltale signal of increased tingling or 'bumps' in his energy field that would show me

the source of his problem – or at least the area where I should direct treatment. I quickly found a point in his arm where his energy field felt different but just as it was registering with me Jim immediately shot out of his seat, holding his arm and crying out that I had given him an electric shock!

His rather dramatic reaction shocked and surprised me as well. I had certainly never witnessed anything like it before, though it later put me in mind of the pain that Seka had felt when she first treated Jenny. Then, of course, it had been the healer who had felt the shock; this time it was the patient. I persuaded him to try again and, although there was nothing that I had actually done as part of the healing process that was any different from my usual technique, I decided to make my healing passes slower and gentler. At no time had I actually touched him or done anything physical that could have caused any pain, but I determined to be more relaxed in order to calm things down as best I could.

As I started the healing again, I was relieved to find there were no more shocks of any kind and I was able to continue the healing as normal. Once we had settled into it a little, he turned to me and said, 'I'll tell you what, the place where I got the shock and where you are working is exactly where they put that bloody needle into me'.

He had been wearing a long-sleeved shirt so there was no way I could have known where that spot was, and I hadn't really had time to consider what he had been saying about the possible source of his problem. There had been no need to start from any particular point because I expected my scanning to signal where to work and whether there was anything I could do. Because he had been wearing his shirt and we both knew I had not jarred him as I healed him, it is obvious that the healing process had worked out for itself where the problem

lay and transmitted the information on to me, guiding me to where I needed to give treatment. Even if I had touched him it seems unlikely to me that he would feel it as what he called an electric shock, or what I would term an unexpected 'super tingle'. This is clear evidence that a range of signals is generated during healing as specific features or responses in respect of what is going on, though I had no idea exactly what had happened in energy terms to trigger that reaction in Jim.

At the end of the session his arm was much more comfortable though there was not much improvement in his degree of movement. We carried on healing for several weeks with probably two sessions per week on average. The outcome was always the same – comfort for a day or two but no overall improvement, no lasting gains. I kept advising him to go back to his GP or the hospital consultant but he refused, saying he had no confidence in either of them; he told me he had been to them repeatedly and their examinations had brought neither help nor diagnosis.

Eventually we reached a natural break as I went away on holiday. On my return I went to see him again and was shocked to be told that a few days after I had gone, and while he was returning from another fruitless trip to his doctor, he had collapsed in the street and had been rushed to hospital. There they had discovered that the problem was a massively septic arm caused, he again insisted, by a dirty needle with which he had been injected. In the end he had to undergo massive surgery to clear the huge infection.

My purpose in recounting this, of course, is not to take a swipe at orthodox medicine. I have no idea why his condition could not have been detected earlier, but these things happen. My point is that if the existence, role and reliability of energies could have been taken seriously by the doctor, then the

medics could have had a clear idea from me where the source of the problem was, and known sooner that there was indeed a real problem to be treated.

“It was this realisation as much as anything that helped fuel my questions – “What else can this power do?” and “What has it been doing since the dawn of time.” Answering those questions became my life’s work; it led me to understand the truth about our amazing world that I set out in my book - connecting science, religious belief and psychic gifts in a 21st century setting.”

“The new world that opened to me is easy to make sense of; the only difficulty is to know why it has taken so long to bring it all up to date as a modern reality that explains everything.”

Jeff Jeffries